



***FLAVOR TO-GO***  
**SQUARE MEALS FOR JUST A FEW BUCKS**

“Square Meals for Just a Few Bucks” is designed to help you through your day. Headed home and don’t feel like cooking? Don’t want to hassle with the market crowds? Want to supply your family or loved ones with a “square meal” made from good ingredients without compromise? And you don’t even have to get out of the car. Here’s how it works:

Your Choice of:

- 1) Grilled Boneless Skinless Chicken Breast (Hormone & Antibiotic Free) Marinated in Garlic & Aromatic Herbs
- 2) Organic Pork Chop Brined and Grilled
- 3) Wild Fish-of-the-Day (Never Farmed)

Then Add your Choice of:

- 1) Parmesan Herb Risotto
- 2) Creamy Mashed Potatoes
- 3) Fresh Linguine or Organic Brown Rice Pasta with Basil Pesto

Then Add your Choice of:

- 1) Sautéed Spinach with Olive Oil, Garlic, & Lemon
- 2) The Harvest Veggie Dish-of-the-Day

Each Dish is Individually Plated & Ready to Serve.

The Containers are Microwaveable, Reusable, and Dishwasher Safe.

**\$7.95 Per Person**

(Add a Cup of Soup or a Tossed Organic Green Salad for just **\$2.95**)

FOCCACIA BREAD ~ 19.96 each (sheet) ~ 9.98 each (1/2 sheet) ~  
4.99 each (1/4 sheet)

**REMEMBER:** The Flavor Wine, Beer, & Beverages To-Go at  
“Special Pricing.”

Need a Gallon of Organic Milk? A Pound of Organic Coffee?

We have that also and a whole lot more. **TAKE A LOOK AT:** The “FLAVORMADE MARKET”;  
Good ingredients for the home & office.